



SARGENT LAW FIRM INSIDER NEWS

Everything you need to know about our Firm, our Team, and making our community a safer place to live and work.



Staying Alive... The Importance of Basic Life Support Training

Written By: San Diego Fire Department Captain J. Deneau

Basic Life Support (BLS) is the foundation for saving lives! BLS teaches the basic skills in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AEDs), and relieving airway obstructions in all ages. Every day we are surrounded by possible emergencies, and it is important to know what to do if a loved one, or someone you are with, has an emergency.

Why You Should Become BLS Certified

1. Early initiation of BLS has been shown to increase the probability of survival for a person who has a cardiac arrest.

- About 400,000 people go into cardiac arrest every year, and only about 6% survive. This may be partially due to the fact that only 3% of Americans learn how to do CPR each year.
- In my 16 years with San Diego Fire-Rescue, I can say with full confidence that early bystander CPR and AED use is correlated with an increased rate of spontaneous return of circulation in patients in the field.

2. Becoming BLS certified takes you less time than watching a long movie.

- We do so many things for the people we love, BLS education should be one of them. There are few things that are as rewarding as being able to help them during an emergency.

3. Choking and drowning accidents are the leading cause of death in children.

- BLS teaches you how to manage these emergencies in children. If you have children, or take care of children, you should learn BLS.

4. Free classes.

- There are many online organizations, schools, and businesses that provide free BLS training. Knowing that you possess these skills will give you the confidence to be part of the solution should you witness an emergency.

FREE BLS CLASS

FROM OUR CEO



“Spring is the time for plans and projects.”- Tolstoy

At the Firm we have been busy planning lots of exciting projects for our team and clients, and continuing to focus on improving our client experience. As we emerge from the pandemic insurance companies have become increasingly more difficult, less responsive, and continue to delay cases as long as possible. Because of this, we are being even more aggressive with them in order to achieve the best possible outcome for our clients. Providing our clients with the highest level of legal representation, and an excellent client experience, continue to drive me in all the decisions I make for the Firm. I want to thank all of you that have referred your friends and family to our Firm. A referral is the best compliment we can receive.

Kind Regards,
Ryan Sargent, Esq.

Our 7 Step Case Process



1. Free Case Review

We are available 24/7, and will review your case and all your options free.

2. Hire Us

You do not pay us until we win your case.

3. Case Plan

Our team will develop a plan specific for you and your individual case.

4. Medical Treatment

We will help you navigate the healthcare system and your medical treatment.

5. Negotiations

We will negotiate on your behalf to receive fair compensation for your injuries.

6. Settlement

Our goal is to reach a fair settlement with the insurance company, and for our clients to be fairly compensated for their injuries.

7. Litigation

If the insurance refuses to reach a fair settlement, we will file a lawsuit on your behalf.

FREE GAS GIVEAWAY WINNERS:

CONGRATULATIONS **Jack Prewitt & Andrew Burr**
YOU HAVE WON \$100 IN GAS MONEY!!!

(Winners were randomly drawn from our newsletter email list.

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